
Simone Tavolucci

Curriculum Vitae

Department of Psychology
School of Medicine and Psychology
Sapienza, University of Rome

Email: simone.tavolucci@uniroma1.it
Scopus: <https://www.scopus.com/authid/detail.uri?authorId=57203434821>
ORCID: <https://orcid.org/0000-0001-6203-0254>

Academic Positions

2022- Industrial PhD in partnership with EY, Department of Psychology, School of Medicine and Psychology, Sapienza, University of Rome

Education

2023 One-week summer school at Utrecht Summer School entitled: "Advanced longitudinal modeling in Mplus".
2020 Postgraduate course in International Human Resources Management. Greenwich University, London, UK.
2019 Master's degree in Applied Psychology to Work Contexts, grade 110 with honors, thesis titled "Validity of Self-Efficacy in the Expression of Positive Emotions and Self-Efficacy in Managing Negative Emotions: A Meta-Analysis on Emotional Self-Efficacy". Sapienza, University of Rome
2017 Bachelor's degree in Psychology and Social Processes, thesis titled "Emotional Intelligence and Job Performance". Sapienza, University of Rome

Research & Quantitative Interests

Regulatory Emotional Self-Efficacy (RESE) | Emotional Regulation | Emotional Dynamics | Ageing | Health and Well-being | Work-Related Stress | Longitudinal Modeling

Publications

Tavolucci S. (in press). Strategie di regolazione emotiva e benessere. in Alessandri G. (ed.), *Il benessere lavorativo*, Carocci Editore.

Sommovigo V., Filosa L., Hobfoll S., **Tavolucci S.**, Rosa V. & Alessandri G. (2024). What does the customer incivility tell me about my worth? A diary study on the short-term effects of customer incivility on self-esteem and job satisfaction. *Work & Stress*, 1-27.

Pistella J., Baiocco R., Antonucci C., Alessandri G., Alivernini F., Borghi A. M., Filosa L., Fini C., Palombi T., **Tavolucci S.** & Lucidi, F. (2024). Older LGBT+ adults and physical activity: a systematic review of qualitative and quantitative data. *Sexuality Research and Social Policy*, 1-26.

Baiocco R., Antonucci C., Pistella J., Alessandri G., Alivernini F., Borghi A. M., Filosa L., Fini C., Palombi T., **Tavolucci S.** & Lucidi, F. (2024). Aging well in an aging society: physical health in older lesbian, gay, and bisexual adults. *Frontiers in Psychology*, 15, 1369021.

Filosa L., Sommovigo V., **Tavolucci S.**, Rosa V., Alivernini, F., Baiocco R., Borghi A. M., Chirico A., Fini C., Palombi T., Pistella J., Lucidi F. & Alessandri, G. (2024). Daily associations between global self-esteem and self-concept clarity and their relationships with subjective well-being in a sample of adult workers. *Journal of Personality*.

Sommovigo V., **Tavolucci S.**, Filosa L., Rosa V., Carnevali L., Ottaviani C., & Alessandri G. (2023). Daily cortisol variations are predicted proximally by self-efficacy beliefs at work and indirectly by perceived self-regulatory abilities in managing negative emotions. *International Journal of Psychophysiology*, 193, 112244.

Palombi T., Lucidi F., Chirico A., Alessandri G., Filosa L., **Tavolucci S.**, Borghi A. M., Fini C., Cavicchiolo E., Pistella J., Baiocco R. & Alivernini F. (2023). Is the Behavioral Regulation in Exercise Questionnaire a Valid Measure in Older People?. *Healthcare*, 11, 20, 2707.

Alessandri G., **Tavolucci S.**, Perinelli E., Eisenberg N., Golfieri F., Caprara G. V., & Crocetti E. (2023). Regulatory emotional self-efficacy beliefs matter for (mal) adjustment: A meta-analysis. *Current Psychology*, 42(35), 31004-31023.

Presentations and Conferences

Tavolucci S., Sommovigo V., Filosa L., Rosa V., Carnevali L., Ottaviani C., Alessandri G. (2023, September). *Sentirsi capaci al lavoro: Le relazioni tra autoefficacia percepita e risposta cortisolica giornaliera*. In XIX Congresso Nazionale della Sezione di Psicologia per le Organizzazioni Associazione Italiana Psicologi.

Tavolucci S. (2023, May). Organizing Committee Member Conference "AGING AT WORK: Diversity and Work Capability in the Age of Technology and Big Data."

Visiting

January/February 2024 - Visiting at the Research Institute of Personnel Psychology, Organizational Development and Quality of Working Life (Idocal), University of Valencia, under the supervision of Professor Vicente González-Romá

April/June 2024 - Visiting at the Personality, Self and Emotion Lab, University of California Davis, under the supervision of Professor Richard W. Robins