

Guido Alessandri

Curriculum Vitae

Address: Department of Psychology,
Sapienza, University of Rome
Via dei Marsi, 78
00187 Rome (Italy)

Contact: guido.alessandri@uniroma1.it

Nationality Italian

ORCID <https://orcid.org/0000-0003-4731-5248>

Scopus Author ID 24447790600

ResearcherID K-7863-2018

Loop profile 83176

EXPERTISE

Organizational Psychology
Psychological Assessment
Personality
Methodology and Statistical Analysis
Self-Efficacy
Psychophysiology
Emotional Regulation
Aging

EDUCATION

2005-2008 *Ph.D.* Personality and Organizational Psychology, Sapienza, University of Rome, Italy.

2004-2005 *Post Graduation Specialization* in Educational Psychology, LUMSA, Rome, Italy.

1999-2003 *B.A.* Psychology, Sapienza, University of Rome, Italy.

EMPLOYMENT

2021 to date *Professor*, Department of Psychology, Sapienza, University of Rome, Italy

2015 to 2021 *Associate Professor*, Department of Psychology, Sapienza, University of Rome, Italy.

2012 to 2015 *Assistant Professor (with tenure)*, Department of Psychology, Sapienza, University of Rome, Italy.

2009 to 2011 *Assistant Researcher*, Department of Psychology, Sapienza, University of Rome, Italy.

TEACHING
Undergraduate Teaching

- 2021 to 2023 *Instruments and methods for analyzing and managing human resources.* MA Course: "Risorse umane, scienze del lavoro e innovazione". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 6 CFU. Tenured lecturer.
- 2021 to 2023 *Stress and wellbeing at work.* MA Course: "Psicologia delle risorse umane, del lavoro e delle organizzazioni". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 6 CFU. Tenured lecturer.
- 2021 to 2023 *Stress and wellbeing at work.* MA Course: "Psicologia delle risorse umane, del lavoro e delle organizzazioni". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 9 CFU. Tenured lecturer.
- 2018 to 2023 *Foundations of Social and Psychological Science - Mod. ICT and cognitive psychology theory and models.* MA Course: Data Science. Department of Sociology, University of Trento, Italy. Tenured lecturer.
- 2017 to 2019 *Work and organizational Psychology.* Faculty of Medicine and Dentistry, Sapienza, University of Rome, Italy. 3 CFU. Tenured lecturer.
- 2017 to 2022 *Work and organizational Psychology.* MA Course: "Psicologia e Salute". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 9 CFU. Tenured co-lecturer (Holder: Prof. Laura Petitta).
- 2015 to date *Work and organizational Psychology.* MA Course: "Scienze e tecniche psicologiche". Unitelma Sapienza. 9 CFU. Tenured lecturer.
- 2015 to date *Work and organizational Psychology.* MA Course: "Scienze e Tecniche del servizio sociale". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 6 CFU. Tenured lecturer.
- 2014 to 2015 *Work and organizational Psychology.* MA Course: "Servizio Sociale". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 6 CFU. Tenured lecturer.
- 2013 to date *Work and organizational Psychology.* MA Course: "Psicologia e Processi sociali". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 9 CFU. Tenured lecturer.

- 2012 to 2013 *Work and organizational Psychology*. MA Course: "Psicologia e Processi sociali". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 9 CFU. Tenured co-lecturer (Holder: Prof. Francesco Avallone).
- 2012 to 2013 *Work and organizational Psychology*. MA Course: "Psicologia e Salute". Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 9 CFU. Tenured co-lecturer (Holder: Prof. Francesco Avallone).
- 2010 to 2011 *Tutor for the subject: Personality psychology*. Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 8 CFU (Holder: Prof. Gian Vittorio Caprara).
- 2009 to 2010 *Methodology II: Psychological Testing and Data Analysis*. Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy. 12 CFU. Tenured co-lecturer (Holder: Prof. Claudio Barbaranelli).

Graduate Teaching

- 2017 to date *Work and organizational Psychology*. Post-degree specialization school in clinical assessment and consulting psychology. Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.
- 2013 to date *Introduction to mediation and moderation*. PhD Course in Personality and Social Neuroscience. Department of Psychology, Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.
- 2013 to date *Mediation and moderation: An advanced course*. PhD Course in Personality and Social Neuroscience. Department of Psychology, Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.
- 2013 to date *Multilevel Modeling: An advanced course*. PhD Course in Personality and Social Neuroscience. Department of Psychology, Faculty of Medicine and Psychology, Sapienza, University of Rome.

Intensive and Residential Methodological Courses

- 05/29/2019 *Introduction to organizational multilevel modeling in Spss*. European Association for Work and Organizational Psychology (EWAOP). Preconference workshop (4'h) of the "19th Ewaop Congress 29th May – 1st June 2019", Torino, Italy.
- 01/22/2019 *Organizational Multilevel Modeling in Mplus*. One-day Workshop (8' h). Department of Psychology, Alma Mater University of Bologna (Cesena), Italy.
- 07/02/2018 to 07/06/2018 *International Summer school titled: "Introduction to Organizational Multilevel modeling"*. Associazione Italiana di psicologia – Sezione Psicologia del Lavoro e delle Organizzazioni. Alba di Canazei, Italy.

- 04/03/2018 *Introduction to Structural Equation Modeling*. 8' h Workshop. Pontificia Università Salesiana, Roma, Italy.
- 09/11/2017 to 09/14/2017 *International Summer school: Introduction to Multilevel modeling*". Associazione Italiana di psicologia – Sezione Psicologia del Lavoro e delle Organizzazioni. Caserta, Italy.
- 09/01/2017 to 09/03/2017 *Introduction to Multivariate Statistics*. 8'h Workshop. Pontificia Università Salesiana, Roma, Italy.
- 02/21/2017 *International Winter school: "Introduction to Multilevel Modeling"*. One day Workshop. University of Trento, Italy.
- 05/07/2013 *Longitudinal data analysis with cross-lagged and latent growth models*. 8'h Workshop. Catholic University of Lublin, Johan Paul II, Lublin, Poland.

GRANTS

- Awarded in 2023 *Co-Principal Investigator* (PI = Salvatore Maria Aglioti). Focused ultrasound stimulation as a tool for widening the theoretical and translational horizons of non-invasive brain stimulation: methodological impact and neuro-psychological applications. Acquisition of medium and large scientific equipment (prot. GA123188D461A5F6, 200,000 euro).
- Awarded in 2023 *Principal Investigator*. Links of Emotion Dynamics with Heart Rate Variability among Emergency Workers Progetti di Ricerca, Sapienza, University of Rome (prot. RM123188D940DB6B, prot. 10,682 euro)
- Awarded in 2022 *Co-Principal Investigator* (PI = Fabio Lucidi). Trajectories for active and healthy aging (behavioural and psychological determinants). National Recovery and Resilience Plan, Italian Ministry of Economy (PE8421852A02AB66, 1.225,000 euro)
- Awarded in 2022 *Principal Investigator*. Dangerous Academia: Psychological and Neurovisceral Consequences of intensified and digitalized job demands, and mental health among university employees. Progetti di Ricerca, Sapienza, University of Rome (prot. RM122181680A3945 10,000 euro).
- Awarded in 2022 *Proponent*. Visiting Professor for research activities. Hosted researcher: Prof. Richard W. Robins, University of California, Davis, (California), USA (5.000 euro for 1 month visit in 2023).
- Awarded in 2021 *Proponent*. Visiting Professor for research activities. Hosted researcher: Prof. Michalis Michaelides, University of Cyprus, Nicosia, Cyprus. (5.000 euro for 1 month visit in 2023).
- Awarded in 2021 *Co-Principal Investigator* (PI = Laura Di Giunta). Exploring learning as a function of individual differences in feedback sensitivity and emotion regulation in adolescence: An experimental EMA study. Progetti di Ricerca, Sapienza, University of Rome (prot. RM12117A8B316E2B,

- 10.000 euro).
- Awarded in 2020 *Co-Principal Investigator* (PI = Maddalena Boccia). Neuropsychology of autobiographical memory (NAM): insights from patients with subjective cognitive decline. Progetti di Ricerca, Sapienza, University of Rome (prot. RM120172ADDEEA32, 10.000 euro plus an associated 12 months scholarship fully founded by Sapienza)
- Awarded in 2019 *A grant for organizing a symposium* named: “Giornate di Studio sui Multilevel Big Data Analysis nelle organizzazioni del futuro” [Study Days on Multilevel Big Data Analysis in Future Organizations]. Finanziamenti per convegni, seminari, workshop – Classe A (prot. CC12218128DDBC7D, 3.553 euro).
- Awarded in 2019 *A grant for organizing a symposium* named: “International days on multilevel modeling”. Finanziamenti per convegni, seminari, workshop – Classe A (prot. C11916B88BA9774, 2.750 euro)
- Awarded in 2019 *An “integrative” grant for organizing a symposium* named “International days on multilevel modeling”. Associazione Italiana Psicologia: Finanziamenti per convegni, seminari, e workshop (1.000 euro).
- Awarded in 2019 *Proponent*. Visiting Professor for research activities. Hosted researcher: Prof. Richard W. Robins, University of California, Davis, (California)USA. (5.000 euro for 1 month visit in 2023).
- Awarded in 2019 *Co-Principal Investigator* (PI = Chiara Consiglio). “Rilevare e sviluppare la graduate employability: uno strumento a supporto dei servizi di orientamento a placement dell'Università” [Detecting and developing graduate employability: a tool to support the University's orientation to placement services]. Progetti di Ricerca, Sapienza, University of Rome (prot. M11916B8841BBF3, 10.000 euro).
- Awarded in 2018 *Principal Investigator*. “Mala Tempora currunt ... sed meliora parantur! Psychophysiological mechanisms leading to active job search by fostering adaptation and resistance to unemployment stress”. Progetti di Ricerca [Progetto Grande], Sapienza, University of Rome (prot. G11816433CBD8D3, 40.000 Euro).
- Awarded in 2017 *Principal Investigator*. “The role of perceived emotional regulation at work as the basis of soldiers' resistance to work-related stress, over and above basic personality profiles: A three-year longitudinal study on a representative cohort of military cadets”. Progetti di Ricerca [Progetto medio], Sapienza, University of Rome (prot. RM11715C809391B1; 8.500 euro).
- Awarded in 2017 *Co-Principal Investigator* (with Mariola Laguna). “Prosocial actions and personal resources: A longitudinal study”. National Science Centre, Poland (DEC-2016/23/B/HS6/03885, 90.000 euro).
- Awarded in 2017 *Co-Principal Investigator* (with Aneta Przepiórka). “A twin study on the heritability of the temporal perspective in youths”. National Science

- Centre, Poland (DEC-2016/23/B/HS6/03667, 90.000 euro).
- Awarded in 2017 *Investigator* (PI = Luigi De Gennaro). "High-density EEG (hd-EEG) of sleep across the "STand AND wAlk" project. OptimiziNg agency of Exoskeleton in spinal cord injury (SCI) patients and the impact of prosthetic learning on hd-EEG of sleep". Acquisition of medium and large scientific equipment (prot. MA11715C78F2B908, 30.00 euro).
- Awarded in 2016 *Principal Investigator*. "No need to be discrete! The value of continuous personality profiles in predicting job performance over and above discrete traits". Progetti di Ricerca [Progetto Piccolo], Sapienza, University of Rome (No. 1081/2016, 4.000 euro).
- Awarded in 2014 *Proponent*. Visiting Professor for research activities. Hosted researcher: Prof. John Tisak, Bowling Green State University, Bowling Green, (Ohio) USA. (9.000 euro for a 3 months visit in 2015).
- Awarded in 2014 *Co-Principal Investigator* (PI = Michele Vecchione). The psychological bases of ideology and political choices: A cross-national study. Progetti di Ricerca, Sapienza, University of Rome (prot. C26A14XKLF, 10.000 euro).
- Awarded in 2012 *Co-Principal Investigator* (PI = Matteo Candidi). "I see it this way: personality and neural foundations of emotionally positive conscious visual perception" Progetti di Ricerca, Sapienza, University of Rome (prot. C26A122ZPS, 10.000 euro plus an associated 12 months scholarship fully founded by Sapienza).
- Awarded in 2012 *Investigator* (PI = Salvatore Maria Aglioti). "Equipment: immersive virtual reality (Head mounted display and CAVE) and brain signal extraction (brain computer interface) systems. Title: Using virtual environments to live better in the world". Acquisition of medium and large scientific equipment (prot. C26G12X7XJ, 150.00 euro).
- Awarded in 2011 *Investigator* (PI = Gian Vittorio Caprara). Bio-Psychological Determinants of Positivity and relevance for clinical treatment. Progetti di Ricerca, Sapienza, University of Rome (prot. C26A11X8WX, 50.00 euro).
- Awarded in 2009 *Investigator* (PI = Gian Vittorio Caprara). Valori e personalità in una prospettiva transculturale [Values and personality in a transcultural perspective]. Progetti di Ricerca, Sapienza, University of Rome (prot. C26F09CC9S, 16.00 euro).

HONORS, AWARDS, FELLOWSHIPS

- 11/06/2024 – 11/09/2024 *Visiting Professor* at the Department of Psychology of the University of California, Davis.
- April 2024 – to date Italian Representative in the European Network of Work and Organizational Psychologists (ENOP).

06/09/2022	Alessandri (2022). Personality changes in young adulthood: The role of work experiences and role transitions. <i>Invited speech</i> to the Annual Meeting of the Polish Academy of Science, Lublin, Poland.
09/01/2021	Covid: responsabilità e morale. Come e perché (non) abbiamo seguito le regole del lockdown [Covid: responsibility and morality. How and why we (didn't) follow the rules of lockdown]. <i>Inaugural address invited for the opening</i> to the “cerimonia di apertura dell’anno accademico 2021/22” of the “Università delle tre età”.
2017 to date	<i>Invited Faculty member</i> of the Scuola di Polizia Economico-Finanziaria [Economic Police School] of the Guardia di Finanza [Italian Financial Police].
04-20-2015	<i>Invited Keynote Speakers</i> at the conference: "News and current trends in psychology", Lublin, Poland.
07/01/2013 to 07/30/2013	<i>Erasmus Visiting Professor</i> . Catholic University, Erasmus Visiting Professor of Lublin, Poland (Local Host: Prof. Mariola Laguna).
09/01/2011to 09/30/2011	<i>Visiting Researcher</i> . Bowling Green State University. USA (OH) (Local Host: Prof. John Tisak).
08/02/2011 to 08/31/2011	<i>Visiting Researcher</i> . Duke University, Durham, USA (NC) (Local Host: Prof. Kenneth Dodge).
06/21/2008 to 08/08/2008	<i>Visiting Student</i> . Bowling Green State University. USA (OH) (Local Host: Prof. John Tisak).

EDITORIAL SERVICE

2021 to date	<i>Associate Editor</i> . Personality and Social Psychology Bulletin.
2020 to date	<i>Associate Editor</i> , Identity.
2020 to date	<i>Consulting Editor</i> . European Journal of Personality.
2020 to 2021	<i>Consulting Editor</i> . Personality and Social Psychology Bulletin.
2018 to date	<i>Consulting Editor</i> . European Journal of Work and Organizational Psychology
2018 to date	<i>Consulting Editor</i> . Journal for Research in Personality.
2017 to 2023	<i>Associate Editor</i> . Frontiers In Psychology, Section: Organizational Psychology.
2016 to 2023	<i>Associated Editor</i> . Frontiers In Psychology, Section: Quantitative Psychology and Measurement
2016 to 2017	<i>Consulting Editor</i> . Journal of Leadership and Organizational Studies

2013 to 2023 *Associated Editor.* Annals of Psychology/ Roczniki Psychologiczne
2014 *Associated Editor.* Rivista di Psicologia dell'Educazione

PROFESSIONAL AFFILIATIONS

2024 to date	European Network of Organizational Psychologists (ENOP)
2017 to date	European Association for Work and Organizational Psychology (EWAOP).
2016 to date	Associazione Italiana di Psicologia (AIP).

VISITING FACULTY AND STUDENTS HOSTED

2024	<i>Stefano Tasselli</i> , University of Exter
2024	<i>José Maria Cortina</i> , Virginia Commonwealth University
2023	<i>Stevan E. Hobfoll</i> , STAR Consulting
2023	<i>Donald Truxillo</i> , University of Limerick, Ireland.
2022	<i>Richard Robins</i> , University of Davis, USA.
2017	<i>Reeshad S. Dalal</i> , George Mason University, USA.
2016	<i>Sabine Sonnentag</i> , University of Mannheim, Germany.
2015	<i>John Tisak</i> , Bowling Green University, Ohio, USA.

ORGANIZED SEMINARS, WORKSHOP, CONVENTIONS

2024	<i>Member of the Scientific Committee</i> of the International Conference of the European Association for Work and Organizational Psychology, Torino, Italy
2023	<i>Member of the Scientific Committee</i> of the convention: "Aging at work: diversity and work ability in the technology and big data era", Room 3 "Eraldo De Grada" of Faculty of medicine and Psychology of Sapienza, University of Rome, Italy.
2018	<i>Member of the Scientific Committee</i> of the International Conference of the European Association for Work and Organizational Psychology, Torino, Italy.
2018	<i>Member of the Organizing Committee</i> of the XXI Convegno Nazionale AIP sezione Psicologia per le Organizzazioni. Università Lumsa, Rome, Italy.
2016	<i>Member of the Scientific Committee</i> of the XIV Convegno Nazionale AIP sezione Psicologia per le Organizzazioni. Pavia, Italy.

GRADUATE STUDENTS SUPERVISED

Updated on 2 July 2024

2022 to date	<i>Simone Tavolucci</i> , Sapienza, University of Rome, Italy.
2018 to 2022	<i>Paolo Candreva</i> , Sapienza, University of Rome, Italy.
2018 to 2022	<i>Lorenzo Filosa</i> , Sapienza, University of Rome, Italy.
2017 to 2021	<i>Gianluca Cepale</i> , Sapienza, University of Rome, Italy.
2017 to 2019	<i>Evelina De Longis</i> , Sapienza, University of Rome, Italy.
2013 to 2017	<i>Enrico Perinelli</i> , Sapienza, University of Rome, Italy.

AWARDS OF STUDENTS SUPERVISED

2023	<i>Lorenzo Filosa</i> awarded with the Sapienza best Doctoral thesis award in social sciences research
2022	<i>Lorenzo Filosa</i> awarded with the Italian Psychological Association best Doctoral thesis
2021	<i>Evelina De Longis</i> (“Premio Minerva” Awarded by Sapienza, the University of Rome for the Best Doctoral Dissertation).
2019	<i>Lorenzo Filosa</i> won a travel grant of about 3,000 euro for studying abroad and received a competitive “starting grant” of about 1,000 from Sapienza, to fostering their PhD research activity.
2018	<i>Gianluca Cepale</i> won a travel grant of about 3,000 euro for studying abroad and received a competitive “starting grant” of about 1,000 from Sapienza, to fostering their PhD research activity.
2018	<i>Evelina De Longis</i> won a travel grant of about 3,000 euro for studying abroad and received a competitive “starting grant” of about 1,000 from Sapienza, to fostering their PhD research activity.
2017	<i>Enrico Perinelli</i> won a travel grant of about 3,000 euro for studying abroad and received a competitive “starting grant” of about 1,000 from Sapienza, to fostering their PhD research activity.

ACADEMIC APPOINTEMENTS

2023 to date	<i>Faculty of Medicine and psychology Dean’s Deputy for Placement politics and services</i>
2023 to date	<i>President of the Graduation degree course on Psicologia delle risorse umane, del lavoro e delle organizzazioni hosted by the Department of Psychology of the the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.</i>
2021 to date	<i>Vice President of the Graduation degree course on Psicologia delle</i>

risorse umane, del lavoro e delle organizzazioni hosted by the Department of Psychology of the the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.

- 2018 to 2023 *President of the joint committee students/teachers* of the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.
- 2018 to 2023 *Member of the Internal Review Board (Comitato etico)* of the Department of psychology of the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.
- 2017 to 2021 *Member of the Disciplinary Committee* of Sapienza, University of Rome, Italy (Chair Prof. Cesare Pinelli).
- 2016 to 2018 *Member of the joint committee students/teachers* of the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy (Chair: 2016 Prof. Emma Baumgartner; Chair 2017-2018 Prof. Francesca Alby).
- 2013 to date *Member of the Faculty of PhD course* on Personality and Social Neuroscience of the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy.
- 2013 to 2020 *Member of the Admission Comitee* of the Faculty of Medicine and Psychology, Sapienza, University of Rome, Italy (Chair Prof. Claudio Barbaranelli).

SERVICE IN SELECTION, EVALUATIVE AND OTHER COMITEES

- 2023 *Reviewer for the Sonatina Evaluation Plan 2023*, appointed by the Polish National Science Centre.
- 2021 *Reviewer for the Partnership Programme – Joint Applied Research Projects – PCCA 2021*, appointed by the Executive Agency for Higher Education, Research, Development and Innovation Funding of the Romanian Government.
- 2020 *Chair of the Evaluation Committee* of Luca Menghini PhD dissertation. University of Padua, Italy.
- 2020 *Member of the Evaluation Committee* of Chrystalla Koutsogiorgi PhD dissertation. University of Cyprus (Cyprus) – Chair: Prof. Georgia Panayiotou.
- 2016 to 2023 *Member of the panel of expert on psychological assessment* (elected by the work and organization section) of the Associazione Italiana di Psicologia (Chair Adriana Lis).
- 2013 *Reviewer for the Partnership Programme – Joint Applied Research Projects – PCCA 2013*, appointed by the Executive Agency for Higher Education, Research, Development and Innovation Funding of the Romanian Government.

2012 *Reviewer for the Partnership Programme – Joint Applied Research Projects – PCCA 2012, appointed y by Executive Agency for Higher Education, Research, Development and Innovation Funding of the Romanian Government.*

UNIVERSITY SERVICE

ERASMUS AND VISITING PROGRAMS

Since 2013, I am in charge (or have been) of several Erasmus exchange positions with Potsdam University (Germany), Braga University (Portugal), and of an exchange program with the Bowling Green State University (USA).

Local committees

I have served in several commission of the Department of Psychology (My Department!). From 2016 till 2021 I have served in the local “research Commission”, managing with my colleagues a huge research grant of about 5 million euro, awarded to the excellence of my Department. Then I served in the ad hoc commission that obtained another excellence grant of 5 million more! I have been among the focal Professor of the MA course in psychology, serving as a tutor for incoming students. Moreover, I’m a member of the tutoring committee in charge of that course.

PROFESSIONAL ACTIVITIES

Although I'm strongly dedicated to research and teaching, I consult regularly for several Italian (i.e., Telecom, Tim) and international (i.e., EY) firms. From 2015 to 2021 I worked for the Guardia di Finanza, the national Financial Police on a project aimed to investigate the determinants of newcomers organizational socialization. I regularly serve in several public selection committees for the major Italian armed (Carabinieri, Guardia di Finanza) and police (Polizia) forces, as well as for other public entities. With my colleagues at Guardia di Finanza, I contributed to the "Piano di Supporto Permanente", a research intervention promoted and maintained by the "Comando Degli Istituti di Istruzione" of "Guardia di Finanza (Italian Financial Police)" aimed to investigate the determinants of psychological adjustment in commissioned and uncommissioned officed during their academic years.

RESEARCH INTEREST

My research interests focus on the study of personality in the workplace with particular reference to the personal determinants of work performance. Together with my colleagues, I analysed the development of job performance over the span career, trying to identify the main predictors. Currently, my research program is focused on identifying mechanisms through which the psychological resources of individuals (positive orientation, capital psychological), translate into adaptive behaviours within organizations. Another dominant theme in my research is the constant interest in development and the application of innovative research methodologies, such as multilevel models, and dynamic time series models. Typically, I use longitudinal data, multi-informant assessments and indicators psychophysiological ("heart rate variability", cortisol upon awakening or during the day), neurocognitive (study of hemispheric differences) of individuals behaviour within working contexts. My methodological background leads me to provide consultancy to colleagues on issues related to statistical data analysis (which often result in joint publications) and led me to organize workshops and methodological schools related to the statistical analysis of data in the field of psychology of work. Currently, my main research area concerns the analysis of changes in work performance over the life span and as a consequence of aging, and their relationship with the personality characteristics of workers and the analysis of the relationships between changes in psychophysiological and dynamic states emotional at work.

IN THE MEDIA

My research has appeared in major national and international newspapers La Repubblica, Il Messaggero, the HuffingtonPost, and montly magazines such as Focus, Le Scienze, Fortune Health, Time, as well as in television programs such as "Mai di Martedì". My studies appears also in several psychology dedicated blogs such as "State of mind". I have also released several interviews for the national radio and television stations.

PUBLICATIONS IN INTERNATIONAL JOURNALS

1. **Alessandri, G.**, & Filosa, L. (2024). Equivalence between direct and indirect measures of psychological capital. *International Journal of Selection and Assessment*, 1–18. <https://doi.org/10.1111/ijsa.12488>
2. **Alessandri, G.**, Filosa, L., Ottaviani, C., & Carnevali, L. (2024). Diurnal cortisol measures are distinctively associated with evaluation of neuroticism by self and others. *International Journal of Psychophysiology*, 200, 112353.
3. Filosa, L., Bakker, A., Ottaviani, C., & **Alessandri, G.** (2024). Association of Vagally-Mediated Heart Rate Variability at Work with Exhaustion: The Importance of Trait Neuroticism. *International Journal of Stress Management*.
4. Cyniak-Cieciura, M., Popiel, A., Zawadzki, B., Cremeans-Smith, J. K., **Alessandri, G.**, Bielak, P., ... & Topanova, G. T. (2024). Development of a Culture-Common Formal Characteristics of Behavior–Temperament Markers Inventory (FCB-TMI-CC). *Journal of Personality Assessment*, 1-16.
5. Palombi, T., Lucidi, F., Chirico, A., **Alessandri, G.**, Filosa, L., Tavolucci, S., ... & Alivernini, F. (2023, October). Is the Behavioral Regulation in Exercise Questionnaire a Valid Measure in Older People?. *In Healthcare*, 11(20), 2707.
6. Martinelli, A., Moncalieri, G., Zamparini, M., **Alessandri, G.**, Vittorio Caprara, G., Castelnuovo, G., ... & De Girolamo, G. (2024). Positivity, daily time use, mood, and functioning in patients with schizophrenia spectrum disorders: Results from the diapason multicentric study. *International Journal of Social Psychiatry*, 70(2), 319-329.
7. Filosa, L., **Alessandri, G.**, & Robins, R. W. (2023). Longitudinal Relations Between Global Self-Esteem and Organizational Self-Esteem and Their Prospective Effects on Job Satisfaction and Work Engagement. *European Journal of Personality*, 08902070231206443.
8. Filosa, L., Sommovigo, V., Tavolucci, S., Rosa, V., Alivernini, F., Baiocco, R., ... & **Alessandri, G.** (2024). Daily associations between global self-esteem and self-concept clarity and their relationships with subjective well-being in a sample of adult workers. *Journal of Personality*.
9. Sommovigo, V., Carnevali, L., Ottaviani, C., Rosa, V., Filosa, L., Borgogni, L., & **Alessandri, G.** (2023). Dynamic associations of relational conflicts at work and consequent negative emotion dynamics with diurnal cortisol variations. *Journal of occupational health psychology*, 28(5), 277.
10. Chirico, A., Avellone, M., Palombi, T., Alivernini, F., **Alessandri, G.**, Filosa, L., ... & Lucidi, F. (2023). Exploring the Psychological Nexus of Virtual and Augmented Reality on Physical Activity in Older Adults: A Rapid Review. *Behavioral Sciences*, 14(1), 31.
11. Pistella, J., Baiocco, R., Antonucci, C., **Alessandri, G.**, Alivernini, F., Borghi, A. M., ... & Lucidi, F. (2024). Older LGBT+ adults and physical activity: a systematic review of qualitative and quantitative data. *Sexuality Research and Social Policy*, 1-26.
12. Sommovigo, V., Tavolucci, S., Filosa, L., Rosa, V., Carnevali, L., Ottaviani, C., & **Alessandri, G.** (2023). Daily cortisol variations are predicted proximally by self-efficacy beliefs at work and indirectly by perceived self-regulatory abilities in managing negative emotions. *International Journal of Psychophysiology*, 193, 112244.
13. Filosa, L., & **Alessandri, G.** (2024). Longitudinal correlated changes of global and organization-based self-esteem at work. *Applied Psychology*, 73(1), 381-405.
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¹ * Shared first-authorship.

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